

#### Digital seminar - IAS

#### Regional Center for Child and Adolescent Mental Health and Child Welfare (RKBU Nord) *Monica Martinussen, Mariann B. Hansen, Merete Aasheim og Ingunn Skjesol*

Increasing Accessibility of Integrated ECEC Services

# **RKBU Nord**

- RKBU Nord is a department at the Faculty of Health Sciences at the Arctic University of Norway
- There are a total of 4 similar sister centers in Norway
- RKBU North have a responsibility for the Northern most part of the country including Nordland, Troms og Finnmark and Svalbard.
- The center conducts research, education and assistance to a number of services working with children and their families.

### We are a service for the services

- Professionals working with children, adolescents and their families.
- E.g., child welfare services, family services, schools and kindergartens, municipal services and specialist health care services.



Illustrasjonsfoto: Mostphotos

Approximately 50 people work in the department with different training and professional background

All the research projects may be found her.

RKBU Nord publishes a Journal called «Ungsinn» <u>Tidsskriftet Ungsinn</u> which publishes systematic reviews on the effectiveness of interventions for children and young people.



## Program for today

- 1) Welcome and presentation (15 min)
- 2) Norway in 20 min (including services for children and young people, e.g. family centers) v/Mariann (20 min including Q&A)
- 3) Kindergartens in Norway and research on the Incredible Years v/Merete (25 min including Q& A)
- Coffee break approx. 13.00-13.15
- 1) Inter-professional collaboration and leadership: Lessons learned from the SKO-study v/Monica and Ingunn (20 min x 2 incl Q&A)
- Coffe break approx 14.00- 14.15
- 1) Discussions in smaller groups on key questions.
- 2) Plenary and closing session incl info from Tine

End 16:00

#### Discussion topics:

Based on input from the presentations and your experiences/knowledge:

- 1. What are the benefits of interprofessional collaboration to ECEC services in your country?
- 2. When thinking about your organization or services in your country, how may interprofessional collaboration be improved?
- 3. What are challenges to interprofessional working and are there any unwanted side-effects.
- 4. What constitute good leadership to you, and how may this be improved in ECEC services?
- 5. What kind of recommendations can we provide based on knowledge from all the countries regarding leadership and organization?
- 6. What are the most inspiring insights for you, after hearing the presentations of Norway?

